

# The ALC Council

President – Eric Mandeville (1<sup>st</sup> term)  
Vice President – Mel Engebretsen (1<sup>st</sup> term)  
Secretary – Sarvo Martin (3<sup>rd</sup> term)  
Treasurer – Arthur Melhoos (1<sup>st</sup> term)  
Worship chair – Torill Sebro (3<sup>rd</sup> term)  
Properties chair – Nick Berryman (3<sup>rd</sup> term)  
Fellowship chair – Ingrid Fosslund (2<sup>nd</sup> term)  
Outreach chair – Fundi Kayamba-Phiri (1<sup>st</sup> term)  
Membership chair – Wyonne Long (2<sup>nd</sup> term)  
Stewardship chair – Mark Lanham (1<sup>st</sup> term)  
Education chair – David Mauk (1<sup>st</sup> term)  
Communications chair – Marielle Minutella (1<sup>st</sup> term)



## **The American Lutheran Congregation**

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# The ALC Messenger

Fritznersgate 15, 0264 Oslo, Norway

The mission of the American Lutheran Congregation is to bring people of different nations and denominations together, and in the English language, empower them into becoming fully devoted followers of Jesus Christ.

# About us

Church Office

THE AMERICAN LUTHERAN CONGREGATION

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CHURCH ANNOUNCEMENTS ARE AVAILABLE AT:

[www.alcoslo.org](http://www.alcoslo.org)

[www.facebook.com/alcoslo](https://www.facebook.com/alcoslo)

- Pastor: Joel Rova-Hegener ([pastor@alcoslo.org](mailto:pastor@alcoslo.org))
- Church Office Administrator: Rie Melhoos ([office@alcoslo.org](mailto:office@alcoslo.org))
- Council President: Eric Mandeville ([eric.mandeville@capgemini.com](mailto:eric.mandeville@capgemini.com))
- Messenger Editor: Kari Berit Gustafson ([kbustafson1225@gmail.com](mailto:kbustafson1225@gmail.com))

## Weekly News Blast

The American Lutheran Congregation sends out a weekly email news blast once a week. If you would like to receive our email news, please write to our church office ([office@alcoslo.org](mailto:office@alcoslo.org))

## News from ALC

### Friendly Reminder from our Board of Trustees & Property Committee Chair:

Heating the building is one of the most expensive things we do. Please help keep the thermostats set at 20C in Hanson Hall and throughout the building. Thank you very much.

### Do not forget your offerings to the ALC!

Why not set up an automatic payment of your monthly offerings?

- Offering Bank acct: 50810747827
- Our Vipps account 62855

### We Need Your Time and Talent!

Are you willing to share your gifts and a little part of your time in ministry of ALC? Please fill out **TIME AND TALENT SHEET** and tell us about your gifts. Thank you!

### Weekly Tuesday Morning Bible Study

Join us each Tuesday at 10:30 a.m. at ALC. Meets for one hour of study and fellowship. All are welcome!

## **Third Culture Kids – From Children to Adults; How do we raise them? Saturday, 10 March; 9:00 to 13.00 at the ALC**

Anna Maria Moore shares the realities along with her story as a TCK (Third Culture Kid.) Many of our children at the ALC are growing up outside of their ‘passport’ countries, or in a multi-national household. We will learn about what it means to be a TCK, but as importantly what it means to grow into a TCK-Adult. How can parents help prepare their TCK’s for adulthood?

All children are welcome, and will have their own sessions to grow, learn and explore what it means to be a Third Culture Kid.

Coffee and pastries served during the morning break! 50 nok per individual, 100 nok per family.

### **Youth Event – Pizza, movie, discussion and fun!**

On Friday, 2 March the 12+ youth are invited to the home of Sarah Kaldestad for pizza, a movie, discussion and fun. Bring a friend!

Please RSVP so that Sarah knows the number of people for supper, and Pastor Joel can help arrange transportation for everyone. Sarah lives in Sandvika. The event will last from 6:00 to 9:30 (18.00 – 21.30).

Questions? Contact Pastor Joel at: [pastor@alcoslo.org](mailto:pastor@alcoslo.org).

“But as for me, I watch in hope for the Lord, I wait for God my Savior; my God will hear me. Do not gloat over me, my enemy! Though I have fallen, I will rise. Though I sit in darkness, the Lord will be my light.”

Micah 7:7-8

Winters in the North are times when we can find ourselves literally sitting in the darkness, waiting for the light. Have no fear; keep your hope alive; the light is coming! Because of the light’s disappearance, waiting for its reappearance that comes months after winter ends, can be depressing. This period of waiting mirrors real life and the struggles we can experience in getting through our days. Life is filled with ups and downs, successes and failures, goodness and sin. There are times we fall and times we stand, and many times when we are somewhere in between...perhaps sitting in the darkness.

As we wait with hope for the light to reappear in December and January, we also wait when our hearts are heavy. We have head knowledge that God our Savior will hear us, but the darkness that surrounds us can also sow doubt in our hearts. We wait for our Lord to shine his light on our lives.

Micah, other Old Testament prophets, and the people of Jesus' days, waited with hope for the Lord. In Jesus, God came to earth to save his people; they were not disappointed. Jesus appeared in their darkness, and was *their* light, just as Jesus is our light today. He says: "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."

*He will walk with us through all that we may encounter.*

Whether you are sitting in the darkness of a Norwegian winter, or that of a dark night of the soul, Jesus wants to be the light in your darkness. Jesus came to earth to save us, and wants us to turn to him in our times of need. His love for us never wanes, for we are his beloved children. He will walk with us through all that we may encounter. Make Jesus your hope and light, and let him be your salvation! Amen.

Pastor Joel

#### **The sermons are recorded**

Each Sunday Don Osthoff is recording Pastor's sermon and Mark Lanham is uploading it on our web site and Facebook. You can listen to it on [facebook.com/alcloslo](https://www.facebook.com/alcloslo) or [alcloslo.org](http://alcloslo.org)

#### **Lenten Mid-week Soup and Service**

##### ***Sensing the Gospel – A Five-Part Series for Lent***

"We declare to you what was from the beginning, what we have heard what we have seen with our eyes, what we have looked at and touched with our hands, concerning the word of life..." (1 John 1:1)

Come and join your sisters and brothers of the ALC each **Wednesday** during Lent, as we journey to the cross with Christ our Lord. Each week a soup supper will be served, starting at 18.00. An informal worship service will then begin at 19.00. It will last about 30 minutes. *The entire evening takes place in Hanson Hall.*

- 21 February – "Touch" – Luke 7:11-15
- 28 February – "Sight" – Mark 8:22-25
- 7 March – "Taste" – John 2:1-10
- 14 March - "Hearing" – John 5:25-29
- 21 March - "Smell" – John 12:1-3

We need volunteers to sign-up to prepare and bring soups and bread for the five soup suppers. We need three (or more) soups each Wednesday, as well as three (or more) loaves of bread.

The sign-up is available on the bulletin board in the lobby, or you can contact the church office at, [office@alcloslo.org](mailto:office@alcloslo.org).